



Long Knowle Primary PE Funding and review: 2020-2021

In Wolverhampton child obesity is above the national average with 40 per cent of year six children in the city classified as overweight or obese according to the latest statistics.

At Long Knowle we want our children to enjoy a wide range of high-quality physical activities and school sport that will promote a life-long love of participating and enjoying activity into adulthood. Our aim is to ensure that our children have at least 30 minutes physical activity per day, alongside their weekly PE lessons. We know the importance that physical activity can have to support a child's physical and emotional, as well as promoting good well-being. Our curriculum provides a balance of individual and team-based sports, as well as problem solving co-operative games. Children also have the opportunity to be competitive as part of inter school competitions and as part of various Wolverhampton sports leagues. Our activities cater for a wide range of pupil's differing needs and abilities and strive to develop self-confidence in a range of different activities.

Swimming and Water Safety

Year 6 ending Summer 2021

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| Meeting national curriculum requirements for swimming and water safety. N.B Complete this section to your best ability. For example, you might have practised safe self-rescue techniques on dry land. | |
| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2021. | 43% |
| What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? | 41% |
| What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? | 32% |
| Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way? | No |

Sport Premium Funding

Key Indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school

Key indicator 2 The profile of PE and School sport and activity being raised across the school as a tool for whole school improvement

Key indicator 3 Increased confidence, knowledge and skills of all staff in teaching PE and sport

Key Indicator 4 Broader experience of a range of sports and activities offered to all pupils

Key Indicator 5 Increased participation in competitive sport

Hearty Lives Wolverhampton (source BHF website)

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As the above statistics show, the rate of obesity of children in Wolverhampton is above the National average, therefore the main focus for Long Knowle children this year is to build on the development of the playground areas. This is to increase the active play that children experience across the school day. The development of our playground markings will encourage active play through increased engagement with physical activity and playing with others. Where possible the activity will link to other areas of the curriculum.

Sports premium allocation for 2020-2021 is £17780

| Key achievements to date until July 2021: | Areas for further improvement and baseline evidence of need: |
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| <p>Increased use of the trim trails on both EYFS play area and on the KS2 field for access at play times and lunchtimes on a rota basis.</p> <p>Increased use of the metal structure on the KS2 playground with targets and hoops and stumps to play games at play time and lunchtimes.</p> <p>Throughout COVID 19 – sports coaches provided videos for pupils to participate at home. Children participated in class sports day due to local restrictions.</p> <p>Weekly lessons had a PE focus at least one day per week. All children were encouraged to be physically active throughout the lockdown period.</p> <p>The play ground markings on all three play grounds have been successfully implemented and children are using them within PE lessons and due break and lunch times.</p> <p>The lunch time support of two PE coaches has meant children have timetabled focused activities at lunch time once a week.</p> | <p>Encourage greater use of play ground markings with focused use to develop competitiveness. EG Daily Mile</p> <p>Buy equipment that encourages participation in a wider variety of activities whether during PE or in lunch time or after school activities such as tri golf and cheer leading.</p> <p>Development of a “Forest School” area within early years to provide a shelter and train staff to deliver activities.</p> <p>Further development of clubs and activities for children to participate in; maybe with a focus on KS1 and lower KS2 children.</p> <p>Actively target Wolverhampton team sport opportunities for Long Knowle children to take part in inter school competition.</p> |

| Key Indicators | School focus and actions | Funding allocated | Targets and impact |
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| 1 | <p>The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school.</p> <p>On our return to school, we are keen to develop play times and lunch times further with the children improving their physical activity throughout the week in school. The trim trails will continue to be timetabled for use across the school. This will be in bubbles on return to school in the autumn.</p> <p>The playground is due to be developed to include playground markings across all three playgrounds from EYFS to key stage 2. The focus will be on developing physical activity through keeping fit activities rather than game playing. We hope to install trails with activity points.</p> <p>The least active children will be the focus of sports leaders at lunch time to increase physical activity. Purchase further equipment to be used at lunch times for children to use.</p> | <p>Sport coaches x2 2 hrs per week £2100</p> <p>Playground markings £14,000</p> <p>Equipment purchased £500</p> | <p>All children will participate in at least one hour a week PE slot with additional extra spread out over every half term.</p> <p>Lunchtimes and playtimes will see increased activity due to fixed equipment being available for children to use. Lunch time staff and sports coaches to encourage children to make use of the markings and develop greater engagement.</p> <p>Sports leaders will successfully engage children on activities during lunch times.</p> |
| <p>Review and suggested next steps: (reviewed at the end of Summer term 2)</p> <p>On return to school in September 2020, the children remained in class bubbles across both play times and lunch times. Again, it has been difficult to enable all equipment to be out and shared by classes. Compulsory extra lunch time clubs have taken place with the sports coaches in timetables slots focusing on multi skills. Children have also had timetables slots and used the trim trail. Time outside was still reduced and staggered due to lunch times being staggered also. The playground markings have been laid and the children are using them successfully across all year groups. Next year, there needs to be further development in the use of the markings within PE slot times and at break times. Some friendly competition will also be encouraged. For example: developing the Daily Mile, so that children can work collectively towards a target each week. When the children returned in the Spring term, some additional sports activity took place, but it was limited to timetabled lessons. Again, this will be built upon in the academic year 2021-2022, with lunch time staff being trained and developed to ensure greater use. The children took part in internal sports days across the school.</p> | | | |

| Key Indicator | School focus and actions | Funding allocated | Targets and impact |
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| 2 Key Indicator 3 | <p>The profile of PESSPA being raised across the school as a tool for whole school improvement.</p> <p>Increased confidence, knowledge and skills of all staff in teaching PE and sport</p> <p>All Children to receive 2 hours of PE per week. All children to participate in active lessons across the curriculum. During the year we intend for children to attend school in PE clothing to minimise disruption. Families are happy with this moving forward and it is likely to remain beyond COVID.</p> <p>Timetable sessions for all year groups. Staff supported by specialist PE staff to deliver high quality PE lessons.</p> <p>Provide opportunities for enrichment INSPIRE days with sports coaches and invite parents to take part in enrichment activities to encourage family participation.</p> <p>Sports clubs to continue to take place through the support of TA staff including: cricket, netball, cross country and rounders.</p> | <p>Sports coaches x2 £20,000 Cost covered outside sports premium School TA staff £150</p> | <p>Pupils' enjoyment of PE is improved, and children enjoy participating in physical activity. Children will be able to explain why sport and activity is important for a healthy lifestyle.</p> <p>Parents will be actively engaged in their children's activity. It provides an opportunity for adults and children to work together.</p> |
| <p>Review and suggested next steps: (reviewed at the end of Summer term 2)</p> <p>When the children returned, PE lessons continued as before. More time was available for teaching time. Enrichment days didn't occur during the year because of the restrictions that remained in place. Moving into 2021/2022, we hope to begin these again, but maybe not until the start of 2022. Sports coaches will be working alongside teaching staff to support the high quality delivery of focused PE lessons. More time for the PE lead to observe and begin making strategic decisions regarding the subject.</p> | | | |
| Key Indicator | School focus and actions | Funding allocated | Targets and impact |
| 4 | <p>Broader experience of a range of sports and activities offered to all pupils</p> <p>We will use the sports coaches to develop INSPIRE enrichment days and focus days to encourage participation in sports not usually</p> | <p>£500 sport coaches</p> | <p>To introduce children to a variety of sports not currently delivered through our NC provision. Children</p> |

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| | <p>covered by the NC for PE EG archery. Encouraging parents to participate with their children for the benefit of physical activity.</p> <p>Some activity will be the focus on timetabled extra activity provision at lunch times for focused year groups throughout the year.</p> | | <p>excited to learn new sports.</p> |
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Review and suggested next steps: (reviewed at the end of Summer term 2)

Again because of COVID, enrichment days didn't happen with parents, because of restrictions that were in place. [Moving into 2021-2022 we hope to improve our offer to children in terms of activities. We are limited for space and times across school. One activity is cheer leading and another is yoga. We hope to offer children the opportunity to take part in these activities in the coming year. We will be using the Sports premium funding to allocate further funding for specialist equipment, and we have reviewed our resources for gymnastics and will be purchasing equipment for this. We are buying equipment for tri-golf, archery and bench ball. We are hoping to develop a lunch time activity club for year 3 and 4.](#)

[We are continuing to look at ways to develop our outside provision with the development of a "forest school" type area. This will require staff training and further landscaping of the area to be used. A shelter will also need to be bought. Staff training will cost £720](#)

| Key Indicator | <u>School focus and actions</u> Increased participation in competitive sport | <u>Funding allocated</u> | <u>Targets and impact</u> |
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| 5 | <p>Aim to provide all children to participate in a competitive sports activity across the year.</p> <p>Children to participate in local authority-based competitions as much as possible.</p> <p>Provide opportunities for school PE sessions to have a competitive focus – development by sports coaches and school staff. Once per term set up a class based competitive based competition focusing on skills learned over the year.</p> <p>Sports day opportunity for each key stage for children to experience</p> | Not allocated due to COVID | Children of Long Knowle will participate in a wide range of sports, taking part in leagues from across the authority as well as inter based sports competitions within school. |

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| | competitive sports. | | |
| Review and suggested next steps: (reviewed at the end of Summer term 2 2020) | | | |
| <p>Sports clubs started for football and netball but no games were played in the leagues. Because of COVID, there were no inter school competitions for the whole year. Sports coaches made sure that children had opportunities to compete against each other in competitive ways. Sports days were held internally for the children in each year group. During the next academic year, it is our intention to give as many children as possible the opportunity to take part in competitive sports. We hope to build on the netball and football clubs with cross country, multi skills, rounders and dodgeball. We also hope to provide the children with opportunities for competitive sport within the school including: multi-skills, daily mile and the sports days.</p> <p>A new school kit will be purchased for school teams at an approximate cost of £500</p> | | | |

There will be a carry forward of £1000 towards the sports premium funding for 2021-2022.