



Wild Tribe Outdoor Learning

WILD BLACKBERRY PANCAKES

AUTUMN

YEAR GROUP: LOWER KS2

CURRICULUM LINKS:

Maths– Use standard units of measurement with increasing accuracy

Design and Technology– Use the basic principles of a healthy and varied diet to prepare dishes



RECIPE:

100g plain flour

2 x large eggs

300ml milk

1 tbsp sunflower or vegetable oil, plus a little extra for frying

Caster sugar or icing sugar for sprinkling on top

Whisk together flour, eggs, milk and 1 tbsp oil in a bowl to a smooth batter.

Add a handful of washed, foraged blackberries.

Set a frying pan over an open fire and add a splash of oil.

Ladle a dollop of batter for each pancake, cooking for 1 minute on each side until golden.

Sprinkle with sugar and enjoy!

Produced by Wild Tribe part of ARENA schools

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